

**THIRTEEN  
TUESDAYS**



**IN HONOR OF  
ST. ANTHONY OF PADUA  
FEAST DAY JUNE 13**

**First Tuesday: March 21, 2023**  
*Silence and Solitude*

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons  
of St. Anthony...**

Alas, how many disturbing things go through the heart. As a result, we lack the leisure to enjoy the bread of heavenly delights and to taste the joys of interior contemplation. For that reason the good Master invites us: Come apart from the restless throng into a desert place, into solitude of mind and body. When we withdraw from the turbulence of the world and rest in quiet and solitude, then does the Lord make himself known to us.

The Lord is the strength of His People, the saving refuge of His anointed.  
**-Save your people, O Lord, and bless your inheritance.**

Hear, O Lord, the sound of my call; be my helper; do not forsake me,  
O God, my Savior.

**-Though I walk amid distress, you preserve me, O Lord, your right-hand saves me.**

Our help is in the name of the Lord.

**-Who made heaven and earth.**

**Reading:**

**Lamentations 3:22-26**

The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness. "The Lord is my portion," says my soul, "therefore I will hope in him." The Lord is good to those who wait for him, to the soul that seeks him. The Word of the Lord.

**Thanks be to God.**

Come to me all you who labor and are burdened, and I will give you rest.

**-Lord, let us see your face, and we shall be saved.**

Give peace, Lord, to those who wait for you.

**-Lord, let us see your face, and we shall be saved.**

Like a deer that longs for running streams, my soul longs for you, O God.

**-Lord, let us see your face, and we shall be saved.**

Let us pray: **O Holy St.**

**Anthony, we come to invoke your help, confident of your goodness and your intercession, and the consolation of so many people. Pray for us to the Father of love. In our name, speak to Him that we may obtain the graces we need.**

(Pause for personal petitions.)

**True follower of St.**

**Francis, help us to imitate your life and work for God and for our brothers and sisters in the Lord. Put into our hearts the flame of your love that we may love our merciful Father in heaven and our neighbors as ourselves. Pray that we may fulfill the will of our heavenly Father and live the way Jesus shows us in the Gospels.**

**Be a guide for us on this day that we may recognize the opportunities God gives us to be selfless and not selfish.**

**Assist us in keeping the promises we made at our Baptism. Help us to obtain the grace to walk in the light of faith and to proclaim that faith by the way we live. Guide our devotion so we may live with you the Gospel of Christ and grow in His love. Amen.**

St. Anthony, light of the Holy Church, lover of God and Doctor of the Gospel—  
**Pray for us to the Son of God.**

Through the intercession of St. Anthony, may almighty God bless you in the name of the Father and the Son and the Holy Spirit.

**Amen**

**Second Tuesday: March 28, 2023**  
***The Call to Repentance***

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons  
of St. Anthony...**

The sinner who has recovered  
the grace which was lost has  
three reasons for being full of  
joy. He should rejoice that he  
did not die in his sins and  
face everlasting punishment.  
He should be glad because he  
has been restored to God's  
favor though he merited it  
not. He should rejoice that he  
will be brought to glory if he  
perseveres in his newfound  
friendship.

The Lord is the strength of  
His People, the saving  
refuge of His anointed.  
**-Save your people, O Lord,  
and bless your  
inheritance.**  
Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.  
**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**  
Our help is in the name of  
the Lord.  
**-Who made heaven and  
earth.**

**Reading: Mark 1:14-15**

Now after John was arrested,  
Jesus came to Galilee,  
proclaiming the good news of  
God, and saying, "The time is  
fulfilled, and the kingdom of  
God has come near; repent,  
and believe in the good  
news."  
The Gospel of the Lord.

**Praise to you, Lord Jesus  
Christ.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.**

**Francis, help us to imitate you  
and work for God and for  
our brothers and sisters in  
the Lord. Put into our hearts  
the flame of your love that  
we may love our merciful Father  
in heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live the  
way Jesus shows us in the  
Gospels.**

**Be a guide for us on  
this day that we may recognize  
the opportunities God gives us  
to be selfless and not selfish.**

**Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name  
of the Father and the Son  
and the Holy Spirit.  
**Amen**

**Third Tuesday: April 4, 2023**  
*Facing our Sin*

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons  
of St. Anthony...**

The spirit of penance and  
contrition of heart, which as a  
breath of new life God  
breathes into the sinful  
human soul, becomes in turn  
a sacrifice the humbled sinner  
may offer to God to obtain  
pardon and reconciliation.  
For God will not spurn a  
heart contrite and humbled.

The Lord is the strength of  
His People, the saving  
refuge of His anointed.

**-Save your people, O Lord,  
and bless your  
inheritance.**

Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.

**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**

Our help is in the name of  
the Lord.

**-Who made heaven and  
earth.**

**Reading:**

**Colossians 3:8-10**

But now you must put them  
all away: anger, wrath,  
malice, slander, and obscene  
talk from your mouth. Put on  
the new self, which is being  
renewed in knowledge after  
the image of its creator. The  
Word of the Lord.

**Thanks be to God.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

True follower of St.

**Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.**

**Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish.**

**Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church,  
lover of God and Doctor of  
the Gospel—

**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name of  
the Father and the Son and  
the Holy Spirit.

**Amen**

**Fourth Tuesday: April 11, 2023**  
***The Spirit of Penance***

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons  
of St. Anthony...**

The spirit of penance and  
contrition of heart, which as a  
breath of new life God  
breathes into the sinful  
human soul, becomes in turn  
a sacrifice the humbled sinner  
may offer to God to obtain  
pardon and reconciliation.  
For God will not spurn a  
heart contrite and humbled.

The Lord is the strength of  
His People, the saving  
refuge of His anointed.  
**-Save your people, O Lord,  
and bless your  
inheritance.**

Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.

**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**

Our help is in the name of  
the Lord.

**-Who made heaven and  
earth.**

**Reading:**

**2 Corinthians 5:20-21**

We are ambassadors for  
Christ, God as it were  
appealing through us. We  
implore you on behalf of  
Christ, be reconciled to God.  
For our sake he made him to  
be sin who did not know sin,  
so that we might become the  
righteousness of God in him.  
The Word of the Lord.

**Thanks be to God.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.  
Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of your  
love that we may love our  
merciful Father in heaven  
and our neighbors as  
ourselves. Pray that we may  
fulfill the will of our  
heavenly Father and live the  
way Jesus shows us in the  
Gospels.**

**Be a guide for us on this day  
so that we may recognize the  
opportunities God gives us  
to be selfless and not selfish.  
Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name of  
the Father and the Son and  
the Holy Spirit.  
**Amen**

**Fifth Tuesday: April 18, 2023**  
***The Gift of Baptism***

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons of  
St. Anthony...**

The Holy Spirit descended on  
Christ at his baptism in the  
Jordan River. The Spirit also  
descends in the baptismal font  
of each Christian, and by that  
power we become children of  
God's grace. So it was that  
Christ, both for himself and  
those baptized into him, heard  
the words: "This is my beloved  
son."

The Lord is the strength of  
His People, the saving  
refuge of His anointed.  
**-Save your people, O Lord,  
and bless your  
inheritance.**

Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.

**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**

Our help is in the name of  
the Lord.

**-Who made heaven and  
earth.**

**Reading: Romans 6:3-5**

Do you not know that all of  
us who were baptized into  
Christ Jesus were baptized

into his death? Therefore, we  
were buried with him by  
baptism into death, so that,  
just as Christ was raised from  
the dead by the glory of the  
Father, so we also might walk  
in newness of life. For if we  
have been united with him in  
a death like his, we will  
certainly be united with him  
in a resurrection like his. The  
Word of the Lord.

**Thanks be to God.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.  
Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.**

**Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish.**

**Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name  
of the Father and the Son  
and the Holy Spirit.

**Amen**

**Sixth Tuesday: April 25, 2023**  
*The Church*

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons  
of St. Anthony...**

Sing this song in the Church  
of God: a strong city have we  
in Zion; for the Savior has set  
up walls to protect us. Zion is  
the Holy Church, the city of  
our strength. In her has our  
Savior been placed as a wall  
and a rampart, in this divinity  
and in his humanity. And  
thus fortified by the wall of  
the Incarnate Word, the  
Church will continue in peace  
and security until the end.

The Lord is the strength of  
His People, the saving  
refuge of His anointed.

**-Save your people, O Lord,  
and bless your  
inheritance.**

Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.

**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**

Our help is in the name of  
the Lord.

**-Who made heaven and  
earth.**

**Reading: Ephesians 2:19-22**

So, then you are no longer  
strangers and aliens, but you  
are citizens with the saints  
and also members of the  
household of God,<sup>20</sup> built  
upon the foundation of the  
apostles and prophets, with  
Christ Jesus himself as the  
cornerstone. In him the whole  
structure is joined together  
and grows into a holy temple  
in the Lord; in whom you  
also are built together  
spiritually<sup>[1]</sup> into a dwelling  
place for God.

The Word of the Lord.

**Thanks be to God.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.**

**Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.**

**Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish.**

**Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name of  
the Father and the Son and  
the Holy Spirit.  
**Amen**

**Seventh Tuesday: May 2, 2023**  
***Christ Acts in the Church***

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons  
of St. Anthony...**

Christ the Good Shepherd  
feeds us daily by the  
teachings of the Gospel and  
the sacraments of the Church.  
The sheep who follow him  
are the faithful members of  
the Church who daily offer  
themselves at the altar of his  
Passion and in the sacrifice of  
a contrite heart.

The Lord is the strength of  
His People, the saving  
refuge of His anointed.  
**-Save your people, O Lord,  
and bless your  
inheritance.**

Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.

**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**

Our help is in the name of  
the Lord.

**-Who made heaven and  
earth.**

**Reading: John 10:14-16**

I am the good shepherd. I  
know my own and my own  
know me, just as the Father  
knows me and I know the  
Father. And I lay down my  
life for the sheep. I have  
other sheep that do not  
belong to this fold. I must  
bring them also, and they will  
listen to my voice. So, there  
will be one flock, one  
shepherd.

The Gospel of the Lord.

**Praise to you, Lord Jesus  
Christ.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.  
Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.**

**Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish.**

**Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name  
of the Father and the Son  
and the Holy Spirit.  
**Amen**



**Eighth Tuesday: May 9, 2023**  
***Prayer of the Heart***

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons  
of St. Anthony...**

We can pray in a threefold  
way: with our heart, with our  
mouth, with our hands. Of  
the first, Wisdom says: "The  
prayer of the humble pierces  
the clouds and reaches the  
home of God." Of the  
second, the Psalmist cries:  
"Let my prayer come to you."  
Of the third, the Apostle Paul  
exhorts us: "Pray constantly,"  
in the sense that those do not  
cease to pray do not cease to  
do good.

The Lord is the strength of  
His People, the saving  
refuge of His anointed.  
**-Save your people, O Lord,  
and bless your  
inheritance.**  
Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.  
**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**  
Our help is in the name of  
the Lord.  
**-Who made heaven and  
earth.**

**Reading: Matthew 7:7-11**  
"Ask, and it will be given  
you; seek, and you will find;  
knock, and the door will be  
opened for you. For  
everyone who asks receives,  
and everyone who searches  
finds, and for everyone who  
knocks, the door will be  
opened. Is there anyone  
among you who, if your child  
asks for bread, will give a  
stone? Or if the child asks for  
a fish, will give a snake? If  
you then, who are evil, know  
how to give good gifts to  
your children, how much  
more will your Father in  
heaven give good things to  
those who ask him!  
The Gospel of the Lord.  
**Praise to you, Lord Jesus  
Christ.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.  
**-Lord, let us see your face,  
and we shall be saved.**  
Give peace, Lord, to those  
who wait for you.  
**-Lord, let us see your face,  
and we shall be saved.**  
Like a deer that longs for  
running streams, my soul  
longs for you, O God.  
**-Lord, let us see your face,  
and we shall be saved.**  
Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.  
Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.  
Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish.  
Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name of  
the Father and the Son and  
the Holy Spirit.  
**Amen**

**Ninth Tuesday: May 16, 2023**  
***Gospel Living***

In the name of the Father  
and of the Son and of the  
Holy Spirit. Amen

**A reading from the sermons  
of St. Anthony...**

To say, "Lord, Lord" in the  
right sense means to believe  
with our heart, praise God  
with our lips, and bear  
witness with our deeds. If one  
of these is lacking, we are not  
confessing but denying; if our  
life belies our belief, it counts  
nothing to shout God's  
praises.

The Lord is the strength of  
His People, the saving  
refuge of His anointed.  
**-Save your people, O Lord,  
and bless your  
inheritance.**

Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.

**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**

Our help is in the name of  
the Lord.

**-Who made heaven and  
earth.**

**Reading: James 2:14-17**

What good is it, my brothers  
and sisters, if you say you  
have faith but do not have  
works? Can faith save you? If  
a brother or sister is naked  
and lacks daily food, and one  
of you says to them, "Go in  
peace; keep warm and eat  
your fill," and yet you do not  
supply their bodily needs,  
what is the good of that? So,  
faith by itself, if it has no  
works, is dead.

The Word of the Lord.

**Thanks be to God.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.  
Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.**

**Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish.**

**Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name of  
the Father and the Son and  
the Holy Spirit.  
**Amen**

**Tenth Tuesday: May 23, 2023**  
***The Gift of the Eucharist***

In the name of the Father  
and of the Son and of the  
Holy Spirit. Amen

**A reading from the sermons  
of St. Anthony...**

During the meal, Jesus took bread, blessed it and broke it as a sign that not without his free consent was his body to be broken in death. The humanity of Christ is like the grape because it was crushed in the wine press of the cross so that his blood flowed forth over the earth. This blood the Lord gave his apostles to drink. How great is the charity of the beloved!

The Lord is the strength of  
His People, the saving  
refuge of His anointed.

**-Save your people, O Lord,  
and bless your  
inheritance.**

Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.

**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**

Our help is in the name of  
the Lord.

**-Who made heaven and  
earth.**

**Reading:**

**1 Corinthians 11:23-26**

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. The Word of the Lord.

**Thanks be to God.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.  
Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.**

**Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish.**

**Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name of  
the Father and the Son and  
the Holy Spirit. Amen

**Eleventh Tuesday: May 30, 2023**  
***Mary, Our Mother***

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons  
of St. Anthony...**

Scripture says that the sun is  
a thing of wonder, the work  
of the Most High. The Virgin  
Mary is an even greater work  
of wonder, for she was the  
bridal chamber wherein the  
Son of God took flesh, the  
sanctuary of the Spirit, the  
dwelling of the Most Blessed  
Trinity.

The Lord is the strength of  
His People, the saving  
refuge of His anointed.  
**-Save your people, O Lord,  
and bless your  
inheritance.**

Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.

**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**

Our help is in the name of  
the Lord.

**-Who made heaven and  
earth.**

**Reading:  
Zechariah 2:14-17**

Sing and rejoice, daughter  
Zion! Now, I am coming to  
dwell in

your midst - oracle of  
the Lord. Many nations  
will bind themselves to  
the Lord on that day.

They will be my  
people, and I will dwell  
in your midst. Then you  
shall know that  
the Lord of hosts has  
sent me to you. Silence,  
all people, in the  
presence of the Lord,  
who stirs forth from his  
holy dwelling.

The Word of the Lord.  
**Thanks be to God.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.  
Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.**

**Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish.**

**Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name of  
the Father and the Son and  
the Holy Spirit. **Amen**

**Twelfth Tuesday: June 6, 2023**  
***Feeding Christ in the Poor***

In the name of the Father  
and of the Son and of the  
Holy Spirit. Amen

**A reading from the sermons  
of St. Anthony...**

Today Christ stands at our  
door and knocks in the  
person of the poor. It is to  
him that we open when we  
give aid, when we give  
ourselves to those in need;  
for he tells us plainly: "When  
you did this to one of the  
least of my brothers or  
sisters, you did it to me."

The Lord is the strength of  
His People, the saving  
refuge of His anointed.  
**-Save your people, O Lord,  
and bless your  
inheritance.**

Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.

**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**

Our help is in the name of  
the Lord.

**-Who made heaven and  
earth.**

**Reading: Isaiah 58:6-8**

not this the fast that I  
choose: to loose the  
bonds of injustice, to  
undo the straps of the  
yoke, to let the  
oppressed go free, and  
to break every yoke?  
Is it not to share your  
bread with the hungry

and bring the homeless  
poor into your house;  
when you see the naked,  
to cover them and not to  
hide yourself from your  
own kin?

Then your light shall  
break forth like the  
dawn, and your healing  
shall spring up quickly;  
your vindicator shall go  
before you; the glory of  
the Lord shall be your  
rear guard.

The Word of the Lord.

**Thanks be to God.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.

**-Lord, let us see your face,  
and we shall be saved.**

Give peace, Lord, to those  
who wait for you.

**-Lord, let us see your face,  
and we shall be saved.**

Like a deer that longs for  
running streams, my soul  
longs for you, O God.

**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions.)

**True follower of St.  
Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.**

**Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish. Assist us in keeping  
the promises we made at  
our Baptism. Help us to  
obtain the grace to walk in  
the light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name of  
the Father and the Son and  
the Holy Spirit. Amen

**Thirteenth Tuesday: June 13, 2023**  
***The Feast of St. Anthony of Padua***  
***Imitating the Saints***

In the name of the Father  
and of the Son and of the  
Holy Spirit. **Amen**

**A reading from the sermons  
of St. Anthony...**

The stonemason and the  
bricklayer are careful to use  
measuring lines, pendulums,  
and bobs to make walls  
straight. Can't we say that the  
virtuous lives of the saints are  
like measuring lines stretched  
over souls to make sure our  
lives take the proper shape  
and measure up to their good  
example? Whenever we  
celebrate the feast of a saint,  
let us look to them as giving  
us the pattern our lives  
should take.

The Lord is the strength of  
His People, the saving  
refuge of His anointed.  
**-Save your people, O Lord,  
and bless your  
inheritance.**  
Hear, O Lord, the sound of  
my call; be my helper; do  
not forsake me,  
O God, my Savior.  
**-Though I walk amid  
distress, you preserve me,  
O Lord, your right-hand  
saves me.**  
Our help is in the name of  
the Lord.  
**-Who made heaven and  
earth.**

**Reading: Hebrews 12:1-3**  
Therefore, since we are  
surrounded by so great a

cloud of witnesses, let us also  
lay aside every weight and  
the sin that clings so  
closely, and let us run with  
perseverance the race that is  
set before us, looking to Jesus  
the pioneer and perfecter of  
our faith, who for the sake  
of the joy that was set before  
him endured the cross,  
disregarding its shame, and  
has taken his seat at the right  
hand of the throne of  
God. Consider him who  
endured such hostility against  
himself from sinners, so that  
you may not grow weary or  
lose heart.  
The Word of the Lord.

**Thanks be to God.**

Come to me all you who  
labor and are burdened, and I  
will give you rest.  
**-Lord, let us see your face,  
and we shall be saved.**  
Give peace, Lord, to those  
who wait for you.  
**-Lord, let us see your face,  
and we shall be saved.**  
Like a deer that longs for  
running streams, my soul  
longs for you, O God.  
**-Lord, let us see your face,  
and we shall be saved.**

Let us pray: **O Holy St.  
Anthony, we come to  
invoke your help, confident  
of your goodness and your  
intercession, and the  
consolation of so many  
people. Pray for us to the  
Father of love. In our  
name, speak to Him that we  
may obtain the graces we  
need.**

(Pause for personal  
petitions).

**True follower of St.  
Francis, help us to imitate  
your life and work for God  
and for our brothers and  
sisters in the Lord. Put into  
our hearts the flame of  
your love that we may love  
our merciful Father in  
heaven and our neighbors  
as ourselves. Pray that we  
may fulfill the will of our  
heavenly Father and live  
the way Jesus shows us in  
the Gospels.**

**Be a guide for us on this  
day that we may recognize  
the opportunities God gives  
us to be selfless and not  
selfish.**

**Assist us in keeping the  
promises we made at our  
Baptism. Help us to obtain  
the grace to walk in the  
light of faith and to  
proclaim that faith by the  
way we live. Guide our  
devotion so we may live  
with you the Gospel of  
Christ and grow in His  
love. Amen.**

St. Anthony, light of the  
Holy Church, lover of God  
and Doctor of the Gospel—  
**Pray for us to the Son of  
God.**

Through the intercession of  
St. Anthony, may almighty  
God bless you in the name of  
the Father and the Son and  
the Holy Spirit. **Amen**